



CLINICAL FOCUS	
PHILOSOPHY	<p>The Rata Alcohol and Other Drugs Service provides accessible alcohol and drug specialist services for a wide range of drug and alcohol misusers referred from a variety of services, including self-referral. The broad goals of treatment are reduction of alcohol and other drug use, and/or abstinence. In order to attain these goals, clients need to recognise their problems, understand the effects of alcohol and other drug use on their lives and the implications for recovery, and learn to successfully apply effective coping and relapse prevention skills. Treatment services include dual diagnosis, psychotherapeutic interventions and structured counselling, motivational intervention, opioid substitution treatment programs, detoxification, and referral to residential rehabilitation. Family and/or significant other involvement is encouraged when appropriate or consented to. The Rata Alcohol and Other Drugs service has a commitment to work for and in partnership with those whose lives have been affected by alcohol and other drugs by offering professional services that reduce harm and promote change. The therapeutic approach used is empathic, client centred and flexible. Strong emphasis is placed on developing a good working alliance with the client to assist in facilitating behavioural change.</p> <p>Rata Alcohol and Other Drugs Service is integrated with Mental Health Services and works alongside/liases with other professional services including General Medicine, Child and Adolescent Mental Health Service, Primary Health Organisations, etc.</p>
SPECIFIC TASKS OF THE SERVICE	<ul style="list-style-type: none">• encouragement of early access to the service on a voluntary basis• provision of assistance and/or advice to presenting clients• provision of a multidisciplinary approach to service delivery• provision of a comprehensive biopsychosocial assessment• development of a comprehensive treatment plan in conjunction with the client• encouragement of client centred involvement and empowerment• coordination of care and facilitation of access to an appropriate range of treatment modalities including motivational techniques• cultural safety and sensitivity• encouragement of family/whanau/significant others involvement where appropriate• support, information, liaison and consultation with other professionals/agencies, people/whanau/family• provision of education about alcohol and other drug issues• liaison/coordination with community services, other professionals and health services