



DISCHARGE CRITERIA

It is appropriate to discharge the client from the current level of service when the client has achieved the goals articulated in the individualised treatment/recovery plan thus resolving the problem(s) that justified admission to the Service. The following dimensions are reviewed to assess the progress related to the problem(s) that justified admission:

1. acute intoxication and/or withdrawal potential
2. biomedical conditions/complications
3. emotional/behavioural conditions/complications
4. treatment acceptance/resistance
5. relapse/continued use potential
6. recovery environment

When these have been resolved and there are no new problems to address, the client is considered for discharge.

The clinician and client shall develop and implement an individualised discharge plan. Discharge plans shall be updated as the client progresses through treatment and shall address the continued appropriateness of the current treatment level. Discharge planning shall be completed before the client's scheduled discharge. A discharge summary shall be completed within 30 days of discharge. The discharge summary shall include dates of admission and discharge; needs/problems identified at the time of assessment, during treatment and at discharge; services provided, assessment of the client's progress toward goals; reason for discharge; and referrals/recommendations.

Table 2e

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	The person will be discharged from the Rata AOD Service when:	
		<ul style="list-style-type: none"> • the goals of treatment have been met, or the person/whanau/support persons are satisfactorily working toward them
	or	<ul style="list-style-type: none"> • treatment needs would be best met by another service
	or	<ul style="list-style-type: none"> • the person failed to present for two consecutive appointments without cancellation
	or	<ul style="list-style-type: none"> • the person declines/withdraws from treatment and does not meet the criteria for the use of the Mental Health Act/A&D Act
	or	<ul style="list-style-type: none"> • there is not sufficient progress toward agreed treatment goals or ongoing treatment is not considered to be of benefit to the person as determined through the MDT
	or	<ul style="list-style-type: none"> • the person engages in unacceptable behaviour , e.g. violence, abuse, aggression etc.
	or	<ul style="list-style-type: none"> • the person no longer lives in the West Coast geographical region