



MULTIDISCIPLINARY TEAM

The Rata Alcohol and Other Drugs Service operates via a Multi-disciplinary approach.

The Multi-disciplinary team consists of a variety of professional groups, but must contain a Clinical Director and/or their delegate due to the medico-legal requirements of clinical responsibility.

Each clinical team member functions generically as a Community Alcohol and Drug Service Key Worker, while at the same time providing profession specific assessments and treatments as required.

The application of the Multi-disciplinary team is as follows:

Function (MDT Application)

Referral · Referrals are considered by a minimum of three team members, representing two disciplines.

Assessment · The assessment is undertaken by one (or more if required) clinical team member.

- The assessment, formulation and proposed recovery plan is presented to, and discussed by, the Multi-disciplinary Team.
- The Multi-disciplinary team consists of at least 3 clinical team members, one of which must be the Clinical Director, and/or their delegate (Clinical Psychologist or Service Co-ordinator or Medical Officer), and clinician.
- Definitive Diagnosis is confirmed on presentation of the assessment and formulation at the MDT by the Clinical Director and/or Clinical Psychologist or Medical Officer

Treatment · Treatment planning is undertaken by one clinical team member (key worker), who may consult with other team members as required. Treatment is provided under the Clinical Director, and/or Clinical Psychologist/Medical Officer's supervision.

Review · The review team must consist of at least 3 clinical team members, one of which will be the Consultant Psychiatrist and/or their delegate (Clinical Psychologist, Clinical Co-ordinator, or Medical Officer).

- It is expected that all clinical team members will participate in the regular review meetings.

Discharge · The decision to discharge is made by the Key Worker in consultation with the Multi-disciplinary Team

- The discharge summary is reviewed by the Clinical Director and/or Clinical Psychologist, Clinical Co-ordinator, or Medical Officer to ensure that medico-legal responsibilities have been met.

Where delegate is mentioned for the Clinical Director, this refers to the Service Coordinator, or Clinical Psychologist, or Medical Officer.