



PROFESSION SPECIFIC SKILLS - NURSING

Purpose

Nursing staff are employed as assessors, case managers, and referral agents to bring together a wide range of holistic assessment skills and knowledge of AOD in patient management.

Specific Skills

- Knowledge of crisis intervention strategies
- Comprehensive training in assessment and management of medical and psychiatric illnesses
- Identify links between mental and/or physical disorder and AOD
- Training in motivational interview, brief treatment, CBT, working with personality disorder of clients, group work skills and therapy of psychoeducation
- Ability to advocate for and empower patients
- Education of nursing students and nursing professionals

Specific Assessments

- Comprehensive AOD assessments
- Risk assessment and management
- Monitoring of general health status
- Monitoring of medication
- Blood level monitoring and urine drug testing
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Specific Treatments

- Group treatments including: CBT, motivational enhancement therapy, etc.
- Crisis intervention, generic counselling
- Administration of medication