



## Preoperative Medication Guidelines

Procedure Number  
CHC-PA-0004

Version Nos:  
**1**

# Administration of ongoing medication before having elective procedures under general anaesthesia, regional anaesthesia, local anaesthesia or sedation

The patient's **ordinary morning medication should always be given** with the aim to reduce morbidity and mortality associated with perioperative trauma. The medication should be taken no later than **7am** on the day of surgery with enough water to enable comfortable swallowing.

There are **exceptions** to this rule. The following medications should be **withheld**:

- Diuretics
- NSAIDs
- Oral Hypoglycaemics
- Insulin
- Other medications as indicated by the Anaesthetist

Patients with high risk for cardiovascular events and on Aspirin, Warfarin, Clopidogrel, or other drugs affecting coagulation should be seen in the Pre Admission Clinic well ahead of elective surgery to allow adequate planning for patient, surgeon, anaesthetist, and physician.

These drugs may have to be replaced temporarily with a Heparin.

<b>Revision History</b>	<b>Version:</b>	1
	<b>Developed By:</b>	Dr Anders Johnson HOD Anaesthetics
	<b>Authorised By:</b>	Dr Anders Johnson HOD Anaesthetics
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