
Novel Influenza H1N1 09 Personal Protective Equipment

Healthcare workers who interact with patients with a confirmed, probable or suspected case of Influenza A H1N1 09 should follow these guidelines for infection control.

Hand Hygiene:

Practice hand hygiene:

- Before and after contact with the patient or their immediate environment.
- After removing gloves and protective clothing

Wash with soap and water using the five finger technique and dry thoroughly.
Use alcohol hand gel/rub.

Summary of PPE requirements:

	Entering Room but no close contact (> 1 metre from patient)	Close patient contact (<1 metre from patient)	Aerosol generating procedure being performed (including nose/throat swabs)
N 95 mask	No	No	Yes
Surgical mask	Yes	Yes	No
Gown, non sterile, long sleeved	No	Yes	Yes
Gloves, non-sterile	Yes	Yes	Yes
Eyewear, protective	No	No	Yes

Note:

Aerosol generating procedures include collecting nasopharyngeal swabs, invasive procedures such as suctioning, intubation, extubation, tracheostomy care, bronchoscopy and nebulising.

NB: A spacer should be used when nebulising patients.

Isolation Requirements:

- Isolation suites to be used in the first instance.
- Single room with the door closed.