



Sterilisation Of Bottles, Teats & Breast Pumps Procedure

Procedure Number
WCDHB-IC-0036

Version Nos:
5

1. Purpose

This Procedure outlines the process for the sterilisation of bottles, teats, and breast pumps throughout West Coast District Health Board (WCDHB).

2. Application

This Procedure is to be followed by all clinical staff throughout WCDHB.

3. Definitions

There are no definitions associated this Procedure:

4. Responsibilities

For the purposes of this Procedure:

The Clinical Nurse – Infection Control is required to:

- oversee all aspects of this Procedure
- monitor the performance of WCDHB staff members in relation to this Procedure;

Staff Members are required to:

- ensure they abide by the requirements of this Procedure;
- abide by all WCDHB Infection Control Policy and Procedures;
- abide by all WCDHB Health and Safety Policy and Procedure.

5. Resources Required

This Procedure requires:

- Yellow rubbish bags
- White buckets
- Milton Containers and Milton
- Baby Bottles
- Breast Pump Units and Containers

6. Process

- 1.00 All equipment used is washed in hot soapy water, rinsed and then soaked in a Milton solution for one hour between feeds for the same patient use.
- 1.01 Each patient is to be provided with their own Milton container, which is washed and dried when each new mix of solution is made up (every 24 hours)
- 1.02 When the patient has been discharged, the equipment is washed in hot soapy water, rinsed and placed into the white bucket and sent to CSSD for processing. If the patient has supplied their own equipment they are to take this home with them.
- 1.03 All new plastic bottles and caps are autoclaved prior to initial use at CSSD and on return to ward are capped and stored immediately



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- 1.04 All women who require breast pump units (BPU) are to be issued a complete kit and instructed on the assembly, use and care of the unit. A form denoting her understanding of the process is to be signed by the patient and kept in her clinical record.
- 1.05 BPU containers are to be clearly labelled with the patient's name, date and time.
- 1.06 On discharge all BPU components are washed in hot soapy water after use, tubing and connectors are sent to CSSD for processing. The unit is to be wiped down with detergent and water.
- 1.07 Expressing and artificial feeding kits are treated the same as BPU.
- 1.08 On discharge of the patient all equipment used is sent to CSSD for sterilisation
- 1.09 Syringes, feeding tubes supplements are to be disposed of into the yellow rubbish bags for incineration.
- 1.10 Baby bottles and teats are to be soaked in Milton solution after each use. The Milton is to be changed every 24 hours. The containers are washed in hot soapy water, rinsed well and dried with paper towels before refilling
- 1.11 When no longer required. Baby bottles are sent to CSSD for sterilisation
- 1.12 When needed for use, staff members are to use sterile gloves to remove baby bottle from Milton. It is not to be rinsed

7. Precautions And Considerations

- ➔ All equipment used is washed in hot soapy water, rinsed and then soaked in a Milton solution for one hour between feeds for the same patient use.
- ➔ Each patient is to be provided with their own Milton container, which is washed and dried when each new mix of solution is made up (every 24 hours).
- ➔ When the patient has been discharged, the equipment is washed in hot soapy water, rinsed and placed into the white bucket and sent to CSSD for processing. If the patient has supplied their own equipment they are to take this home with them

8. References

New Zealand Standard – Infection Control (NZS 8142:2000)



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9. Related Documents

WCDHB Infection Control Procedure Manual

WCDHB Health and Safety Policy and Procedure Manual

WCDHB Accident/Incident Form

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