



The Child & Adult Resource worker assists children & siblings who are affected by a family member's mental illness.

A secondary part to this role is enhancing the ability of parents who have a major mental illness to provide for their dependent children.

The position is based at CAMHS but is available for all families within the West Coast MHS through a process of referral from any source.

### **Core Responsibilities of the Child & Adult Resource Worker**

- Providing accurate & timely information about Mental Illness, treatment, the service system & community resources & supports.
- Assisting with the development of strategies for coping with Mental Illness & the impact on their family life, including problem solving & self advocacy skills.
- Advocacy & mediation with Mental Health service providers or support agencies.
- Peer support networks either one-to-one or in support groups
- The provision of information regarding relevant legislation, rights & responsibilities.
- Assisting parents with Mental Illness with successful parenting strategies