



The MDT is comprised of a group of health professional from various disciplines, involved in the direct provision of treatment and treatment planning. The MDT members are drawn from psychiatry, nursing, social work, psychology, and occupational therapy, Maori mental health, alcohol and drug workers

Each MDT meeting will have the widest clinical representation possible, but will have no less than three (3) clinical team members from at least two (2) disciplines, one of which must be psychiatry. The Psychiatrist is considered to be essential to MDT function, due to the medico-legal requirements of clinical responsibility.

The MDT is responsible for the clinical oversight of the treatment planned and provided to clients of WCDHB MHS.

- The MDT provides an environment of collaborative participation to actively support the clinical team in treatment planning.
- The MDT takes overall responsibility for ensuring that the philosophy of recovery underpins the case management processes from entry to and discharge from the service.
- Each MDT will meet weekly to undertake the ongoing review of treatment provision and ensure required formal processes are completed.
- The MDT processes ensure diagnostic requirements are addressed

MDT reviews are documenting in the individual client's clinical record

- Reviews are identified using the MDT stamp
- Record includes a list of staff attending the MDT review
- An outline of the general discussion / issues / concerns
- The outcome of the review is clearly identified
 - Changes to treatment approach (including prescriptions)
 - Changes to risk management strategies
 - Discharge needs outstanding
- Date for next planned review

Overall clinical responsibility ultimately lies with the Consultant Psychiatrist. Like any other team member, they are not responsible for clinical activity of which they are not aware. However, they are responsible for ensuring that safe clinical processes are in place and that all team members are aware of these processes

Every health professional is responsible, accountable and therefore legally liable for their own actions. This accountability for actions within professional practice includes patients within their direct care and (where collaboration and team work is required) and within the care of other health professionals.