

Please write the phone number of your medical/health centre onto the attached magnet.

Place it on your fridge door.

It will remind you what to do in the event of a medical emergency.



West Coast medical/ health centres & clinics

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|-------------------------------|-------------|
| Karamea Medical Centre | 03 782 6710 |
| Ngakawau Clinic | 03 788 5062 |
| Buller Health Medical Centre | 03 788 9277 |
| Reefton Health Medical Centre | 03 769 7440 |
| Lake Brunner Clinic (Moana) | 027 2768975 |
| Greymouth Medical Centre | 03 769 9300 |
| High Street Medical Centre | 03 768 5942 |

| | |
|---------------------------|-------------|
| Hokitika Health Centre | 03 756 9700 |
| Hari Hari Clinic | 03 753 3008 |
| Whataroa Health Centre | 03 756 1080 |
| Franz Josef Health Centre | 03 752 0700 |
| Fox Glacier Health Centre | 03 751 0836 |
| Haast Clinic | 03 750 0800 |

If you do not have a medical/health centre and wish to enrol please phone a centre above



West Coast District Health Board
Te Poari Hauora a Rohe o Tai Poutini



Primary Healthcare on the West Coast



West Coast District Health Board
Te Poari Hauora a Rohe o Tai Poutini

“Being seen by
the right person
in the right place at
the right time ...

In an accident or medical
emergency, where life or limbs
may be at risk

phone 111

any time of the day or night and
request an ambulance.



If your health problem is not an
emergency, please phone your
local medical/health centre any
time of the day or night.

Your call will be answered
promptly by the medical/
health centre.

If the centre is unattended,
your call will be diverted to
an experienced registered
nurse who will advise you on
the best course of action to
follow.



...is the most
important factor
in caring for the
health of people on
the West Coast”

What if I am not
enrolled with a
West Coast medical/
health centre?

If you live on the West Coast you
should enrol with your local
centre before you get sick.

Enrolled patients pay less
during normal centre hours for
consultations than casual
patients and enjoy access to a
range of other health services.

What if I am a
visitor to the
West Coast?

No problem, just phone
03 769 7449.