

Health Problem? Need a doctor or nurse?



In an accident or medical emergency,
where life or limbs may be at risk

phone 111

any time of the day or night and request an ambulance.

If your health problem is not an emergency, please
phone your local medical/health centre any time of the day or night.

If the centre is unattended, your call will be diverted to an experienced
registered nurse.

Visitors to the West Coast please phone 03 769 7449.